

**COUNCIL ON AGING
P.O. BOX 243
Sterling, MA 01564**

The Council on Aging Board meeting was called to order at the Senior Center on Thursday, October 10, 2013 at 4:30 p.m.

Roll Call

Members present:

Anita Benware
Sharon Bloom, Vice chair
Irene Camerano
Constance Cleary, Treasurer
Sue Doucette
Barbara Foster, Chair
Mary Higgins, Secretary
Debra MacLennan
Peter Watson

Karen Phillips, Director, attended.

Ken Day, Associate

Absent: Ellen Sesia, Associate

Approve Minutes - Irene made a motion to accept the September 5, 2013 with a change to the Senior Center Building Committee Update section which would include a specific use of money; Sharon seconded; all in favor.

Treasurer's Report - Treasurer's Report was read.

Senior Center Building Committee Update - Will know more sometime next week.

Programming Committee Update - Mary and Sharon came up with a few ideas and will get back with more information. Sharon will check on the fee for a bus to drive anyone who wants to go to lunch at Monty Tech. Mary will check on hayrides at Apple Orchard; Debbie will contact the Clinton Strand; and Connie will contact the Chocksett Inn for lunch.

Update from Town Yard Sale - The Senior Center made a total of \$1,640 and \$84 was used for pizza to help feed the volunteers. \$20 was used for Game Night, leaving approximately \$1,536 for deposit. It was mentioned that the Board should come up with a better way to: advertise; solicit more bakers for baked goods; and do a better job at setting up and cleaning up. All Board members need to pitch in. Barbara will write and place a "Thank You" letter in the newspaper.

Christmas Party - Sunday, December 1st at 1:00 p.m. - The Christmas Party will be held the same day as the tree lighting in Sterling which will begin at 3:30 p.m. The calendar and ornament gift are on order. Board to bake for Christmas Party.

MySeniorCenter Update - Fewer volunteers and attendees signed in than last year. We need to get everyone to so sign in. 90 people attended the first pancake breakfast. The next pancake breakfast will be held on October 25th.

Topics for Future Meetings - Senior Center Programming Committee and the Christmas Party.

Director's Report -

Van Report #1 - The van made 367 trips; and was driven 874 miles.

Van Report #2 - The van made 109 trips; and was driven 530 miles.

Upcoming Events -

- October 7th - Issues Affecting Older Drivers by Bill Shea from Fairlawn Rehab at 12:15 p.m.
- October 9th - Game Night from 6:00 - 8:00 p.m. Pizza and drinks provided.
- October 10th - Music is Love by Dick and Dawn at 1:00 p.m.
- October 14th - Senior Center closed for Columbus Day.
- October 15th - Flu Clinic from 9:30 - 11:30 a.m.
- October 17th - SHINE counselor will be available to answer health insurance questions.
- October 17th - Elder Keep Well Clinic from 12:00 - 2:00 p.m.
- October 24th - Book Club at 12:30 p.m.
- October 25th - Pancake Breakfast at the Senior Center from 8:00 - 10:00 a.m. \$2 a plate.
- October 28th - Gothic GHOST Tales by Candlelight by Rita Parisi from Waterfall Productions at 1:00 p.m.
- October 31st - Halloween Jingo at 12:30 p.m. Prizes will be awarded. Refreshments served.

Senior Center Issues - It was suggested that more Board Members should attend and help with the programs offered at the Senior Center. How to attract more seniors to attend these events were also discussed.

Feedback from Training/Conference - Everyone who attended the conference learned a lot about many different safety topics; and different ways to getting things accomplished.

Signing of the Warrant - The Warrant was passed around for everyone to sign.

Next Meeting - The next Board Meeting will be held on November 7, 2013 at 4:30 p.m.

Adjournment - The meeting was adjourned at 6:00 p.m. Peter made a motion to adjourn; Sharon seconded; all in favor.

Respectfully submitted,

Mary Higgins
Secretary