

COUNCIL ON AGING
P.O. BOX 243
Sterling, MA 01564

The Council on Aging Board meeting was called to order at the Senior Center on Thursday, September 5, 2013 at 4:30 p.m.

Roll Call

Members present:

Sharon Bloom, Vice chair
Irene Camerano
Constance Cleary, Treasurer
Sue Doucette
Barbara Foster, Chair
Mary Higgins, Secretary
Debra MacLennan
Peter Watson

Karen Phillips, Director, attended.

Absent: Anita Benware, Member; Ken Day and Ellen Sesia, Associates

Approve Minutes - Sharon made a motion to accept the August 1, 2013 minutes; Irene seconded; all in favor.

Treasurer's Report - Treasurer's Report was read. Sharon made a motion to accept the Treasurer's Report; Peter seconded; all in favor.

Senior Center Building Committee Update -

Vote on Use of Money - \$7,500 was discussed. Peter made a motion to accept; Connie seconded; all in favor.

School children walkers to and from Houghton School - Dick checked with the school principal about how many children walked to and from Houghton School. It was indicated that there were between 7 - 9. Dick checked into this himself, and counted only 2.

Set Up Programming - Mary and Sharon will check into this and get back to Karen with results.

Town Yard Sale - We are now collecting and pricing items dropped off at the Senior Center to be sold on September 21st. Friday night all who can be at the center to help set up at 6:00 p.m.; Saturday morning around 6:00 to finalize the set up; and then help sell the items, we would be grateful. The center will offer for sale: baked goods, water and coffee. Check with Maureen Cranston about a water cooler.

Evening Game Night - Scheduled for Wednesday, September 11th 6:00 - 8:00 p.m. The possibility of a bingo night and/or Wii.

MySeniorCenter Update - Karen mentioned that we need to get the "volunteers" so sign in for everything.

Van Drivers Role - Topic was tabled. We need to hire a Friday driver. Connie will check with her husband to see if he is interested.

Office Coverage - Coverage is needed for September 26th, October 2nd, 3rd and 4th. Sharon will cover on October 1st. Irene will cover September 26th, October 3rd & 4th. A discussion concerning Office Coverage and what information should and shouldn't be given to callers/public if asked. Karen will put together information that is relevant for individuals covering the office when she is out.

Topics for Future Meetings - The upcoming yard sale on Sept. 21st and the 3-day Fall Conference October 2nd, 3rd & 4th meeting were discussed. Anyone interested should talk to Karen as soon as possible.

Director's Report -

Van Report #1 - 32 hours - The van made 352 trips; and was driven 920 miles.

Van Report #2 - 20 hours - The van made 111 trips; and was driven 457 miles.

Upcoming Events -

September 2nd - Closed for Labor Day
September 11th - Game Night from 6:00 - 8:00 p.m. Pizza and drinks provided.
September 12th - "Olde Time Schools" by Dave Downs at 1:00 p.m.
September 18th - Yoga for Building Strong Bones at 2:00 p.m. \$5.00 per person.
September 19th - Ice Cream Social by Associated Home Care at 12:30 p.m. Heidi Albert will present a program regarding AHC which provides a customized in-home senior care services from companionship to around the clock senior in-home care. Free ice cream will be served.
September 21st - Volunteer's Annual Yard Sale from 8:00 a.m. - 2:00 p.m., rain or shine.
September 23rd - Relaxation and Stress Reduction by Michelle from Corcoran House at 12:15 p.m. (Reschedule from last month).
September 30th - Health Care Proxy talk by Tina Sibley from Oriol Healthcare at 12:15 p.m.

Feedback from Training/Conference - None.

Signing of the Warrant - The Warrant was passed around for everyone to sign.

Next Meeting - The October Board Meeting was changed from October 3rd to October 10, 2013 at 4:30 p.m.

Adjournment - The meeting was adjourned at 5:45 p.m. Peter made a motion to adjourn; Connie seconded; all in favor.

Respectfully submitted,

Mary Higgins
Secretary