

**COUNCIL ON AGING
P.O. BOX 243
Sterling, MA 01564**

The Council on Aging Board meeting was called to order at the Senior Center on Thursday, June 6, 2013 at 4:30 p.m.

Roll Call

Members present:

Anita Benware
Sharon Bloom, Vice chair
Irene Camerano
Constance Cleary, Treasurer
Barbara Foster, Chair
Debra MacLennan
Peter Watson
Ken Day, Associate
Ellen Sesia, Associate

Karen Phillips, Director, attended.

Members absent: Sue Doucette
Mary Higgins, Secretary

Approve Minutes - Sharon made a motion to accept the May 2, 2013 minutes; Irene seconded; all in favor.

Nominating/Elections - Elections were held. Irene conducted this portion of the meeting. Barbara Foster, Chair; Sharon Bloom, Vice-Chair; Mary Higgins, Secretary; and Connie Cleary, Treasurer were voted as officers of the 2013-2014 COA Board.

Discuss Town Meeting - Briefly discussed and thanked everyone for attending and voting at the Annual Town Meeting. All were disappointed by the results.

Senior Center Building Committee Update - Nothing new to report. The SCBC will continue to move forward. Peter will remain our representative.

Goals - Karen suggested that we all make a list of possible goals and bring the list to the August meeting to discuss. Also talked about forming a Program Committee.

Intergenerational Programming - Possible ideas for the program were discussed. There was a question about having seniors cover the Library at the school. Currently mothers are covering. We will investigate if they need more help.

Saturday Dinner/Breakfast - Friends of the Senior Center are looking into having a once a month pancake breakfast on Friday. A suggestion was made that this should possibly start in September in order to organize, set location, publicity and what exactly would be served.

Yard Sale - The Yard Sale will be held on September 21st. Start bringing items in July. All Board members will be needed.

Fall Conference in Sturbridge - MCOA annual conference will be held in Sturbridge on October 2, 3, & 4. See Karen if interested.

Evening Game Night - Suspended for the summer.

Office Coverage - Thank you to all who helped cover the office so Karen could attend a conference / work shop.

Job Postings -

Morning Driver - Lou Massa was hired. His start date is June 17th.

Friday Driver - The Friday driver position has been posted internally. Will post outside when internal posting 10-days has expired.

Meal Site Coordinator - The meal site coordinator position has been posted internally. Will post outside when internal posting 10-days has expired.

MySeniorCenter Update - The computer was down - no report.

Outreach Update - Nickole made 160 home visits since December 2012. 87 people have come to the Senior Center seeking information or assistance.

Topics for Future Meetings - Goals; programs; game night; breakfast; intergenerational programs; building committee; and office coverage for Karen's vacations.

Director's Report -

Van Report - No van report.

Upcoming Events -

June

- June 13th at 12:30 p.m. - Crop Circles talk by John Root "The Majesty and Mystery of Crop Circles"
- June 17th at 12:30 p.m. - Father's Day Ice Cream Circle
- June 19th at 2:00 p.m. - Chair Yoga - \$5.00 a person
- June 20th - SHINE Counselor
- June 20th - Elder Keep Well Clinic - between 12:00 - 2:00 p.m.
- June 24th at 12:30 p.m. - Medicare Fraud and Abuse Training
- June 27th at 11:00 a.m. - Light Department talk for Seniors
- June 27th at 12:30 p.m. - Book Club

July

- July 4th - Senior Center closed
- July 11th at 11:00 a.m. Pizza Day - There is a fee. Please sign up.
- July 17th at 2:00 p.m. - Chair Yoga - \$5.00 a person
- July 18th - SHINE Counselor
- July 18th Elder Keep Well Clinic - between 12:00 - 2:00 p.m.
- July 25th at 12:30 p.m. - Book Club

August

- August 15th - SHINE Counselor
- August 22nd - at 12:30 p.m. - Book Club

Senior Center Issues - Karen spoke regarding approaching Ron Furmaniuk, Sterling Selectman, to contact Princeton Selectmen about the possibility of a merger between us as their director died very unexpectedly recently. Board approved this.

Signing of the Warrant - The Warrant was passed around for everyone to sign.

Next Meeting - The next Board Meeting will be held on Thursday, August 1, 2013, at 4:30 p.m.

Adjournment - The meeting was adjourned at 5:43 p.m. Peter made a motion to accept; Irene seconded; all in favor.

Respectfully submitted,

Barbara Foster