

**COUNCIL ON AGING
P.O. BOX 243
Sterling, MA 01564**

The Council on Aging Board meeting was called to order at the Senior Center on Thursday, April 4, 2013 at 4:30 p.m.

Roll Call

Members present:

Anita Benware
Sharon Bloom, Vice chair
Irene Camerano
Constance Cleary, Treasurer
Sue Doucette
Barbara Foster, Chair
Mary Higgins, Secretary
Debra MacLennan
Peter Watson
Ken Day, Associate

Members absent: Ellen Sesia, Associate

Karen Phillips, Director, was absent.

Approve Minutes - Debbie made a motion to accept the February 7, 2013 minutes; Irene seconded; all in favor.

Treasurer's Report - No report this month.

Appoint Nominating Committee - Irene, Debbie and Mary volunteered.

Senior Center Building Committee Update - On April 3, 2013 the Sterling Senior Center Design and Building Committee hosted two (2) public informational sessions. Approximately 75 people attended both meetings. Frank Kennedy of Diversified Project Management, presented a slide show featuring an overview of senior centers throughout Massachusetts, compared his findings with the Town of Sterling's possible needs, which was followed by a question and answer session. He also spoke about what is envisioned by the Building Committee, and the size and costs associated with a new senior center. These meetings were held in order to bring a proposal to the May 13th Annual Town Meeting.

Discuss and Vote on Town Meeting Articles - All members present were given a print-out to review. Peter made a motion to accept; Mary seconded; all in favor.

Discuss Meal Site Coordinator - MOC is interviewing candidates for this position which will be paid for by MOC for the months of May and June only. Article 5 (Create and fund

new Meal Site Coordinator position) will be discussed at the May 13th Annual Town Meeting. Article 5 was handed out and reviewed.

Discuss and Vote on Evening Game Night - May 8th from 6:30 p.m. to approximately 8:30 p.m. Sharon made a motion to accept; Debbie seconded; all in favor.

Update of Van Drivers - Lou Massa started last week. He will also help pack meals on wheels on Fridays. Pam will continue to help in the kitchen until the Senior Center has a Meal Site Coordinator.

Volunteer Recognition in May - This "Pie Day" program will be held on May 16th at 10:00 a.m. Debbie will make a yogurt pie. Karen will pick up whatever else is needed.

Suggestion Box - The key to the suggestion box is lost. It will be opened and a new lock will be made.

Housekeeping - The cleanliness of the carpet was discussed. Will check to see if we can have the carpet shampooed.

Publicity - Had pictures taken for the *Sterling Meetinghouse News* and the pictures were never put in any issues. Will check to see if we can have something in at least once a month. Can someone take pictures at the events and get them to Karen and Dick Maki. Dick will find out about getting the pictures on TV.

MySenior Center Update - Not everyone is checking in with Karen. Karen has to report the totals. A copy was handed out on how many attended the Senior Center and in what age bracket.

Director's Report -

Van Report - The van transported 22 people on 422 trips. The van was driven 995 miles.

Upcoming Events -

- April 11 - "Hear That Whistle Blow" - America's Fabled Railroad Years in Story and Song with Katie Green and Bob Reise
- April 15 - Senior Center will be closed for Patriot's Day
- April 18 - Shine & Elder Keep Well
- 2:00 p.m. April 18 - Floor/Back Yoga
- 12:30 p.m. April 25 - Book Club
- April 30 - Elder Affairs presentation will be held in Lunenburg from 8:45 a.m. to 11:45 a.m. Contact Karen if interested.

Senior Center Issues - Karen will be on vacation the week of April 15th. Sue volunteered for April 16th; Irene for April 17th; Connie for April 18th; and Nickole for April 19th.

Topics for Discussion at Next Meeting - Town Meeting; yard sale; meal site coordinator.

Signing of Warrant - The Warrant was reviewed and signed.

Next Meeting - The next Board meeting will be held on Thursday, May 2, 2013, at 4:30 p.m. Sharon will chair.

Adjournment - The meeting was adjourned at 6:00 p.m. Peter made a motion to accept; Irene seconded; all in favor.

Respectfully submitted,

Mary Higgins
COA Secretary

MH/sad