

**COUNCIL ON AGING  
P.O. BOX 243  
Sterling, MA 01564**

The Council on Aging Board meeting was called to order at the Senior Center on Thursday, November 6, 2014 at 4:30 p.m.

**1. Open Meeting**

**2. Roll Call**

**PRESENT**

Anita Benware, Member  
Bob Bloom, Associate  
Sharon Bloom, Vice Chair  
Irene Camerano, Member  
Constance Cleary, Treasurer  
Ken Day, Associate  
Barbara Foster, Chair  
Mary Higgins, Member  
Debra MacLennan, Member  
Karen Phillips, Director  
Peter Watson, Member

**ABSENT**

Sue Doucette, Secretary  
Ellen Sesia, Associate

Barbara officially welcomed Bob Bloom as an associate member of the Council on Aging Board.

**3. Approve Minutes** - Irene made a motion to accept the October 2, 2014 minutes; Mary seconded; all in favor.

**4. Senior Center Building Committee Update -**

**Discussion and possible vote on top things wanted in design** - Karen said that Turowski2 Architecture, Inc. (Peter and Libby Turowski) of Marion, MA were hired as the architects for the new Senior Center build. The top six (6) most important spaces for possible inclusion in the design of the new senior center by the COA are: (1) storage; (2) a divided large main room; (3) Karen and Nickole to have adjoining offices; (4) room dedicated for 2 pool tables; (5) commercial kitchen; (6) bathrooms which would also include a companion bathroom in the front closer to the entrance. Mary made a motion to request enough room for 2 pool tables, and a separate classroom (which could be interchangeable) in the design; Peter seconded. All attendees present voted to accept, except for one member present. T-2 built a senior center in Bridgewater.

- Karen has someone interested in becoming our volunteer coordinator. She is waiting for the CORI.
- Peter and Debbie volunteered to conduct an inventory of the whole senior center during the upcoming winter months.

**5. Flu Clinic Update** - 43 people had their flu shots taken on October 21<sup>st</sup>. Thanks to Sue, Connie, Mary and Barbara for helping out.

**6. Conference Update** - Karen indicated that the conference was a good one. She received lots of new ways to use "MySeniorCenter". Katie had a very interesting class. The musical yoga class was very interesting and this maybe something we can incorporate at the new center. Karen has a class on "Senior Center Personnel Certified".

**7. Personnel Board Meeting Update** - Tabled.

**8. Special Programming -**

- a) **Game Night** - The turnout was 3 people. There will be no more Game Nights scheduled until we are in the new senior center.
- b) **Pizza Party** - The pizza party went very well. 34 people attended.
- c) **Clearview** - There were no sign ups. Therefore, this program was cancelled.
- d) **Lunch at Monty Tech** was great.
- e) **Chinese Lunch** - Peter will pick up the Chinese food for 50 people at the Sterling Deli which gave the senior center a 20% discount. Lunch was will be served at 12:00 Noon. There is a \$4 fee and sign-ups are required by

calling the Senior Center at 978-422-3032.

**9. MySeniorCenter Update** - Attendees still need to remember to sign in. Through the end of October, 313 different seniors participated in 8,668 events. If you count those over 40, the numbers increase to 331 different people and 9,175 events.

**10. Topics for Future Meetings** - personnel board meeting update; building committee; plans for new senior center; Chinese luncheon update; and update on the Outreach program from Nickole.

**11. Director's Report** -

**a) Van Report #1** - 1,198 total miles, 536 trips, transported 27 different people. **Van Report #2** - 450 total miles, 66 trips, transported 13 different people.

**b) Upcoming Events** -

- November 4th - Voting day. The van will be available to bring people to and from the voting polls. Call the Senior Center at 978-422-3032 to book your seat.
- November 6th - Philomena the movie will begin at 1:00 p.m.
- November 10th - The Red Cross will hold a **BLOOD DRIVE** at the Senior Center from 2-7 p.m.
- November 11<sup>th</sup> - Closed for Veteran's Day.
- November 13<sup>th</sup> - Native American flute performance by Strong Eagle (a member of the Nipmuck nation) at 1:00 p.m. **CANCELLED.**
- November 15<sup>th</sup> - Chinese Luncheon at 12 Noon. \$4.00 fee per person and tickets are required. Limited to 50 people. Call the Senior Center at 978-422-3032 to get your ticket and sign up.
- November 17th and 24<sup>th</sup> - Leominster Credit Union at 12:30 p.m. (both days) to talk about money issues for senior. This program will answer some questions and give lots of information on staying safe. Sign ups are preferred by calling the Senior Center at 978-422-3032
- November 29<sup>th</sup> - SHINE counselor will be available to answer your health insurance. Appointments are required by calling the Senior Center at 978-422-3032.
- November 20<sup>th</sup> - Elder Keep Well Clinic from 12:00 Noon - 2:00 p.m.
- **November 20<sup>th</sup> - Date change** for the Book Club at 12:30 p.m. This month's selection is "The Shunning" by Beverly Lewis.
- **November 21<sup>st</sup> - Date change** for Pancake Breakfast from 8 - 10:00 a.m. Fee is \$2.00 per person.
- November 27<sup>th</sup> - Closed for Thanksgiving.
- November 29<sup>th</sup> - Closed for Thanksgiving.
- December 7<sup>th</sup> - Senior Center Christmas Party at 1:00 p.m. Roger Tincknell will be joining us.

**c) Christmas Party** - Sunday, December 7<sup>th</sup> at 1:00 p.m. Roger Tincknell will entertain us, and will provide an interactive Christmas program. The Board provides refreshments and members are asked to bake. It was discussed whether or not the center should be closed the day after Christmas. Mary made a motion to close the center on the day after Christmas; Debbie seconded; all in favor.

**d) Office Coverage** - Karen asked that people covering the office should not use "stickies" as they get lost. Please write down the notes on the pad of paper on the desk. Also, if you sign up for 9-12, please be there the full time or find a replacement.

**12. Signing of the Warrant** - The Warrant was passed around for everyone to sign.

**13. Next Meeting** - The next Board Meeting will be held on Thursday, December 4, 2014 at 4:30 p.m.

**14. Adjournment** - The meeting was adjourned at 5:35 p.m. Sharon made a motion to adjourn; Peter seconded; all in favor.

Respectfully submitted,

Mary Higgins  
Secretary, pro tem