

**COUNCIL ON AGING
P.O. BOX 243
Sterling, MA 01564**

The Council on Aging Board meeting was called to order at the Senior Center on Thursday, December 5, 2013 at 4:30 p.m.

Roll Call

Present:

Anita Benware, Member
Sharon Bloom, Vice chair
Irene Camerano, Member
Constance Cleary, Treasurer
Ken Day, Associate
Sue Doucette, Member
Barbara Foster, Chair
Mary Higgins, Secretary
Debra MacLennan, Member
Karen Phillips, Director
Peter Watson, Member

Absent: Ellen Sesia, Associate

Approve Minutes - Sharon made a motion to accept the November 7, 2013; Sue seconded; all in favor.

Treasurer's Report - The Treasurer's Report was read. Mary made a motion to accept; Sharon seconded; all in favor.

Outreach Report - The Outreach Report that Nickole submitted was read. As of this writing, the total for 2013 was 277 home visits; 105 visits were repeats; there were 271 walk-ins, e-mails and calls. She also found placements for 2 homeless people; and is currently helping a needy family (father and 2 small children). Donations for this family have been in the form of food (and gift certificates), money, and Christmas gifts.

Senior Center Building Committee Update - A meeting will be held this evening. Peter should be able to provide an update next month.

Christmas Party Update - 34 people attended. All had a good time even though the entertainer did not show up. Apparently he had his dates mixed up (thought the party was the following Sunday).

MySeniorCenter Update - There were 290 different 60-year old seniors participating in 8,708 different activities. If you count those over 40, you get 311 different people participating in 9,129 different activities.

Topics for Future Meetings -

- Find ways to raise money to help the needy; and encourage people to help with "Neighbor to Neighbor".

Director's Report -

Van Report #1 - 12 unduplicated riders, 747 total miles, 347 trips

Van Report #2 - 11 unduplicated riders, 314 total miles, 81 total trips

Upcoming Events -

- December 1 - Senior Center Christmas Party at 1:00 p.m.
- December 9 - Rights and Choices in Healthcare by Attorney Nicholas Kaltsas at 12:30 p.m.
- December 12 - Christmas Sing A Long with Dick Chase at 1:00 p.m.
- December 13 - Chocksett School will be having their Annual Senior Breakfast at the school

from 8:45 - 10:45 a.m. The van will be available. Call Senior Center at 978-422-3032 to sign up.

- December 16 - Managing Stress During the Holidays talk by Michele Jones from Corcoran House at 12:15 p.m.
- December 18 - Houghton School Holiday Concert at the Senior Center at 10:30 a.m.
- December 19 - SHINE counselor will be available to answer health insurance questions. Appointments are required. Call Senior Center at 978-422-3032 to sign up.
- December 19 - Elder Keep Well Clinic from 12 - 2:00 p.m.
- December 19 - Book Club at 12:30 p.m.
- December 23 - Open house at the Town Hall for Terry Ackerman from 5 - 7:00 p.m.
- December 24 - Senior Center will close after lunch. No afternoon programs.
- December 25 - Senior Center will be closed for Christmas.
- December 27 - Pancake Breakfast from 8 - 10:00 a.m. Fee is \$2.00 per person.

Feedback from Training/Conference - None.

Senior Center Issues - Budgets are due to the Personnel Board. The Personnel Board will decide on pay raises and the 5% expense increase requested to accommodate Sandra's work related traveling expenses. Mary made a motion to approve; Irene seconded; all in favor.

Signing of the Warrant - The Warrant was passed around for everyone to sign.

Next Meeting - The next Board Meeting will be held on January 9, 2014 at 4:30 p.m.

Adjournment - The meeting was adjourned at 5:20 p.m. Irene made a motion to adjourn; Mary seconded; all in favor.

Respectfully submitted,

Mary Higgins
Secretary