

May 12, 2022  
Sterling Board of Health Meeting  
Butterick Building, Lower Level Conference Room  
1 Park Street, Sterling, MA 01564

Meeting Minutes

6:00 PM                      Chairman Allen Hoffman called the meeting to order.

**Roll Call:**                      Allen Hoffman, Chairman – present  
Anne Marie Catalano, Member – present  
Cathie Martin, Member – present via Zoom  
David Favreau, Health Agent – present  
Elaine Heller, Administrative Assistant – present

**Attendees:**                      Vicki Ringer, Michael Ringer, Sr., Michael Ringer, Jr., Brian Milisci, Doug Downey,  
Terry Heinold, Gloria Rugg, and Evan Carloni

The meeting was recorded through Zoom.

**General Business Updates:**

**Approve Any Available Minutes: April 7, 2022:**

A motion to approve revised minutes of the April 7, 2022 meeting was made by Cathie Martin and seconded by Anne Marie Catalano. Roll call vote: Hoffman – aye; Martin – aye; Catalano – aye. Motion carried.

**Correspondence:** None

**Health Agent Report: Reserve Fund Transfer Request (Title 5 Legal Expense):**

A Reserve Fund Transfer request will be submitted to the Finance Committee for legal expenses amounting to \$5,350.00 for Title 5 legal issues.

The Board has received a public records request in regard to an accessory dwelling unit at 101 Osgood Road. The request will be filled within the 10-day time frame allowed.

**Signatures Required:** None

**DPH – Interagency Updates:**

Ms. Martin spoke on a new Telehealth Program available to all COVID-19 positive individuals 18 years or older who need Paxlovid treatment.

A subvariant of Omicron is currently increasing in New England.

There are no predictions in regard to EEE at this time. Surveillance will begin mid-June.

**Appointments and Agenda Items:**

**Sterling Fair Committee: Discuss 2022 Fair:**

Fair Committee Chairman Doug Downey questioned Board members if the Coronavirus will affect the fair, scheduled for September. Members agreed the fair should be good to go. Chairman Hoffman recommended the wearing of masks for those providing services should be considered.

7 Elliott Road Variance Request:

(2/10/2022) Sterling Subsurface Sewage Disposal Regulations: Reg. IV.a., Leach beds to be 1000 square feet minimum, with 12" of stone beneath the pipes (624 sq. ft. of Presby type system provided with no stone beneath pipes).

Reg. IV.e., Requires an effluent filter tee. A dual compartment tank proposed as added filtration in lieu of effluent filter.

**Reg. IV.f., Leaching facilities 0-1,499 GPD shall be constructed with the following minimum 4-foot separation distance to estimated seasonal high groundwater (2 feet separation is proposed).**

Evan Carloni of Innovative Septic Design came before the Board in regard to a previously installed septic system for a variance needed for a 2-foot offset which was not requested nor obtained, as required in local regulations. After discussion, Mr. Carloni determined he will raise the system and have a 4-foot offset for all components, which will not require a variance.

100 Leominster Road: Review necessities for land use of nitrogen credits (continued from 03/10/2022):

Brian Milisci of Whitman and Bingham represented the property owner in regard to a prior request regarding nitrogen offsets. Allen Hoffman made a motion to accept the document entitled "Grant of Title 5 Nitrogen Loading Restriction and Easement made as of this 12<sup>th</sup> day of May, 2022", in relation to the parcel located at 100 Leominster Road. Cathie Martin seconded the motion. Roll call vote: Hoffman – aye; Martin – aye; Catalano – aye. Motion carried.

101 Osgood Road: Accessory Dwelling Unit Proposal:

Homeowner Michael Ringer, Jr., advised Board members of his intent to build an accessory dwelling unit at this address. The unit will be 800 square feet, 260 feet from the existing house on this 2-plus acre lot. Mr. Ringer will obtain a subsurface disposal system design for the ADU from an engineer. A Title 5 inspection has been previously performed on the property and there were no issues.

Opt-out of Mosquito Spraying for Municipalities: Review DPH Process:

Each town in Massachusetts can create an alternative mosquito control program, which the state reviews. Sterling did not establish an alternative management program last year. There are sites in Sterling where mosquitos are tested by the state. If there are positive results, the town is notified. There are no plans to submit an alternative plan this year.

Sterling Subsurface Disposal System Regulations: Discuss draft revisions:

Members reviewed the regulations and made revisions. The regs will be updated with the changes and reviewed again at the next meeting.

Fee Schedule: Discuss draft revisions:

Tabled until next meeting

Stable Regulations: Discuss draft revisions:

Tabled until next meeting

A motion to move a discussion of draft revisions for the fee schedule and stable regulations was made by Martin and seconded by Catalano. Roll call vote: Martin – aye; Catalano – aye; Hoffman – aye. With all in favor, the motion carried.

Review of Future Agenda Items and Meeting Date:

The next meeting is scheduled for June 9, 2022, at 6:00 PM in the Lower Level Conference Room of the Butterick Building.

Adjourn:

Cathie Martin made a motion to adjourn and Anne Marie Catalano seconded the motion. Roll call vote: Martin – aye; Catalano – aye; Hoffman – aye. Unanimous vote and the meeting adjourned at 8:08 PM.

Materials: Minutes; Nitrogen Grant Document